

Bibliography

This document lists supportive literature for the efficacy of collagen peptides in human health and nutrition.

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Content

- Bioavailability
- Skin beauty
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- Sports nutrition
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- Elderly Nutrition

Articles are marked as follows:

* Study performed with Peptan®

** Study performed with Peptan® - containing end product

*** Study performed with Colartix®

^ Article with Rousselot contribution

Bioavailability

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Skin beauty

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* Study performed with Peptan

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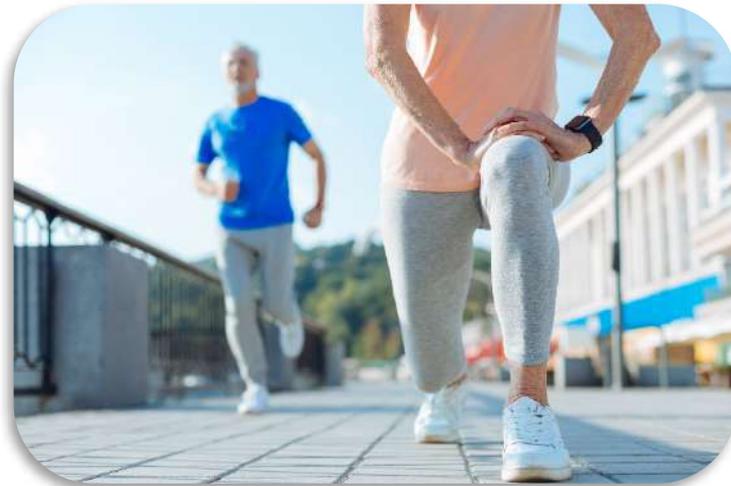
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Digestive Health

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Elderly Nutrition

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